

PRASAD V. POTLURI
SIDDHARTHA INSTITUTE OF TECHNOLOGY
KANURU, VIJAYAWADA -7
(AUTONOMOUS)
DEPARTMENT OF FRESHMAN ENGINEERING

CIRCULAR

Date: 18-09-2023

All the I B. Tech. students are informed that Freshman Engineering Department is organizing a One -Day Seminar on "Health, Wellness, Yoga and Sub-Conscious Mind" on 23. 09. 2023.
All the students are informed to attend the seminar.

Details:

Topic: Health, Wellness, Yoga and Sub – Conscious Mind

Resource Person:

Dr. K. Manikya Rao

Dates: 23.09.23

Time: 9.30AM

Venue: Auditorium/ Ground Floor Seminar Hall




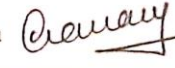
5/18/9
Dr. M. Srilakshmi

Head


Freshman Engineering Department
PVP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY
DEPARTMENT OF FRESHMAN ENGINEERING
SUMMARY REPORT ON EVENT ORGANIZED

ACADEMIC YEAR : 2023-2024

Date of Event Organized	23-09-2023
Name of the Event	A one day Seminar
Title of the Program	Health, Wellness, Yoga & Subconscious Mind
Resource Person Details	Dr. K. MANIKYA RAO
Brief Report on the Event	<p>Dr. K. Manikaya Rao introduced the topic by defining health and wellbeing and highlighting the importance of these concepts for both personal and professional development. Detox grocers typically focus on providing organic and natural products that support a healthy lifestyle.</p> <p>Outcomes of this event:</p> <ol style="list-style-type: none"> 1. Improved Health: Customers may experience better health outcomes by consuming products free from artificial additives, pesticides, and chemicals. 2. Environmental Benefits: Purchasing organic and sustainable products can contribute to reduced environmental impact, supporting eco-friendly practices. 3. Support for Local Farmers: Detox grocers often prioritize sourcing from local farmers and artisans, promoting local economies. 4. Ethical Consumption: Shoppers can feel good about supporting businesses that prioritize ethical and sustainable sourcing practices. 5. Education: Detox grocers often provide information and resources about healthy eating and sustainable living, helping customers make informed choices. 6. Community Engagement: These grocers can foster a sense of community by bringing like-minded individuals together. <p>Attendees had the opportunity to sample various healthy snacks, beverages, and dishes, allowing them to experience the flavours and textures of wholesome foods first-hand.</p>
Year/Semester	I YEAR /I SEM
No. of the participants	All I B.Tech students
Consolidated Feedback	Good
Suggestions if any	---
Name of the Co-ordinators & Signature of the Co-ordinators	<p>Dr.S.L.Tulasi  Dr.T.Preethi Rangamani </p> <p>Dr.P.Pavani  Mrs.P.L.Lavanya </p>

Signature of the HOD


 Head
 Freshman Engineering Department
 PVP Siddhartha Institute of Technology
 Kanuru, VIJAYAWADA-520 007.

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

DEPARTMENT OF FRESHMAN ENGINEERING

A ONE DAY SEMINAR

On

Health, Wellness, Yoga & Subconscious Mind

Name of the Activity / Program: A one day Seminar on Health, Wellness, Yoga & Subconscious Mind

Speaker / Faculty: Dr. K. Manikya Rao

Date: 23.09.23

Objectives:

- Understanding Yoga
- Stress Management
- Promoting Work-Life Balance
- Mindfulness and the Subconscious Mind
- Promote Healthy Eating Habits
- Nutritional Knowledge
- Reduce Junk Food Consumption
- Reduce Junk Food Consumption

About the Topic/ Activity:

Dr. K. Manikaya Rao introduced the topic by defining health and wellbeing and highlighting the importance of these concepts for both personal and professional development. Detox grocers typically focus on providing organic and natural products that support a healthy lifestyle.

Outcomes of this event:

1. Improved Health: Customers may experience better health outcomes by consuming products free from artificial additives, pesticides, and chemicals.
2. Environmental Benefits: Purchasing organic and sustainable products can contribute to reduced environmental impact, supporting eco-friendly practices.

3. Support for Local Farmers: Detox grocers often prioritize sourcing from local farmers and artisans, promoting local economies.

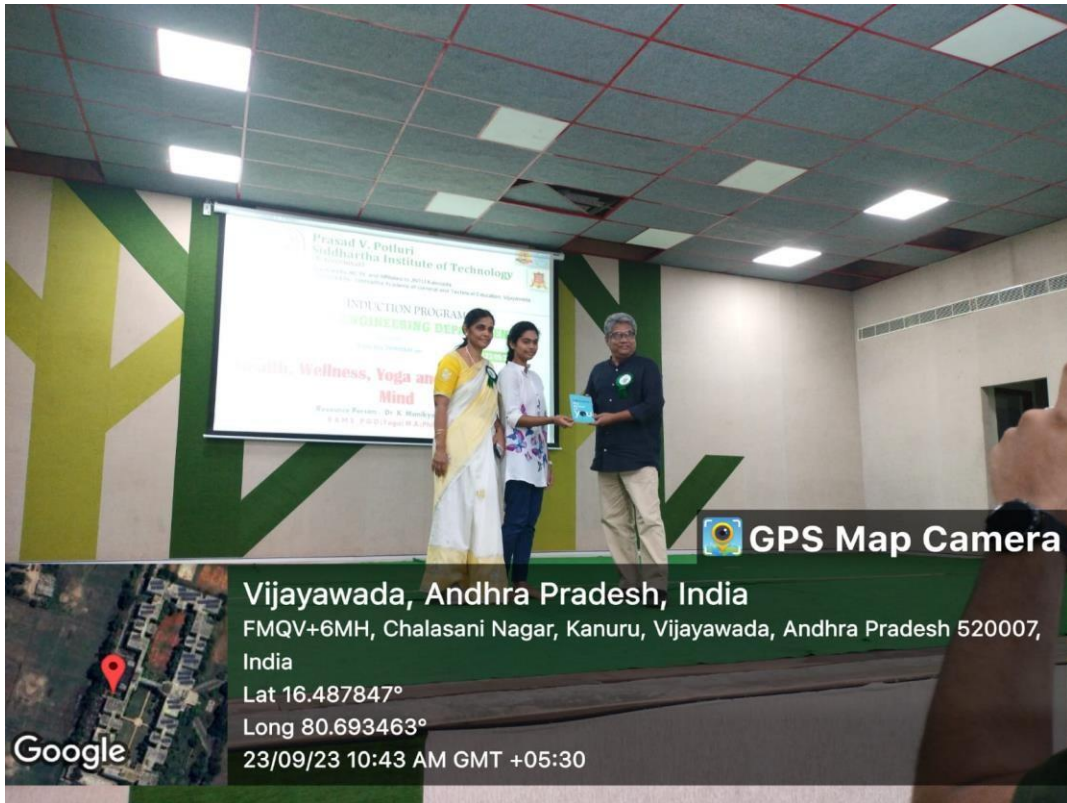
4. Ethical Consumption: Shoppers can feel good about supporting businesses that prioritize ethical and sustainable sourcing practices.


5. Education: Detox grocers often provide information and resources about healthy eating and sustainable living, helping customers make informed choices.

6. Community Engagement: These grocers can foster a sense of community by bringing like-minded individuals together.

Attendees had the opportunity to sample various healthy snacks, beverages, and dishes, allowing them to experience the flavours and textures of wholesome foods firsthand.






 GPS Map Camera

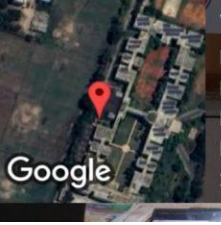


Vijayawada, Andhra Pradesh, India
FMQV+6MH, Chalasani Nagar, Kanuru, Vijayawada, Andhra Pradesh 520007,
India
Lat 16.487847°
Long 80.693463°
23/09/23 10:43 AM GMT +05:30

Google



 GPS Map Camera



Vijayawada, Andhra Pradesh, India
FMQV+6MH, Chalasani Nagar, Kanuru, Vijayawada, Andhra Pradesh 520007,
India
Lat 16.487892°
Long 80.693429°
23/09/23 10:41 AM GMT +05:30

Google



- 1. Dr. K. RAJESH HOD-CIVIL Dept. 9849090000
- 1. Dr. A.JAYALAKSHMI HOD-C.S.E Dept. 9490763001
- 4. Dr. C.SUDHA BAO HOD-C.E.E Dept. 9298078076
- 5. Dr. CLADMANADRA BAO HOD-E.E.E Dept. 9244400001
- 6. Dr. B.SUDHA BAO HOD-I.T Dept. 9448109108
- 7. Dr. KRISHNA BAO HOD-M.E Dept. 9866025651

GPS MAP CAMERA

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Chalasani Nagar

Latitude: 16.486768

Longitude: 80.6936808

Date: 23 Sep 2023

Time: 12:53 PM



GPS MAP CAMERA

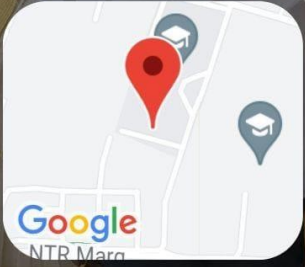
PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Chalasani Nagar

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Date: 23 Sep 2023

Time: 11:49 AM





GPS MAP CAMERA

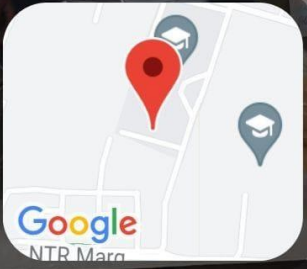
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Latitude: 16.486768

Longitude: 80.6936808

Date: 23 Sep 2023

Time: 11:03 AM



GPS MAP CAMERA

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Chalasani Nagar

Latitude: 16.486768

Longitude: 80.6936808

Date: 23 Sep 2023

Time: 11:05 AM



S.No	Name of the Student	BRANCH	23.09.2023
1	Vallu. Rekha	CSM	V. Rekha
2	CH. Devi	CSM	CH. Devi
3	M. Janani	CSE	M. Janani
4	V. Kusuma	ECE	V. Kusuma
5	d. Keerthana	IT	d. Keerthana
6	P.V.R.B CHINMAYEE	CSM	P.V.R.B Chinmayee
7	S. Rishika	CSM	S. Rishika
8	V. Laasya	CSM	V. Laasya
9	M. Yashini	CSM	M. Yashini
10	sk. Shamrma	CSM	sk. Shamrma
11	D. Vyshnavi	CSM	D. Vyshnavi
12	G. kavya	CSM	G. kavya
13	T. Danusha	CSM	T. Danusha
14	T. Sudbeshna Devi	CSM	T. Sudbeshna Devi
15	V. Manogna	CSM	V. Manogna
16	G. Varundhara	CSM	G. Varundhara
17	J. Dhanya sri	CSM	J. Dhanya sri
18	R. Nandini Haripriya	CSM	R. Nandini Haripriya
19	Y. Bhashitha	CSM	Y. Bhashitha
20	ch. Paranna	CIVIL	ch. Paranna
21	K. Kavya	CIVIL	K. Kavya
22	M. Sindhura	CIVIL	M. Sindhura
23	D. Bhagyavathi	ECE	D. Bhagyavathi
24	K. Meghana	ECE	K. Meghana
25	Y. Anushika	CSM	Y. Anushika
26	V. Vaishnavi	CSM	V. Vaishnavi
27	G. Akshaya Kumari	CSM	G. Akshaya Kumari
28	J. Srujana	CSM	J. Srujana
29	G. Bharika	CSM	G. Bharika
30	K. Meenakshi	CSM	K. Meenakshi
31	M. V. N. Rakshitha	CSM	M. V. N. Rakshitha
32	Ch. Baby Anusha	IT	Ch. Baby Anusha
33	P. Sruthi	ECE	P. Sruthi
34	K. Sravya	ECE	K. Sravya
35	P. Jaya Sri	ECE	P. Jaya Sri
36	N. Eswari Devi	ECE	N. Eswari Devi
37	Ch. Meghana	ECE	Ch. Meghana
38	K. Kavya	ECE	K. Kavya
39	N. Teresa	ECE	N. Teresa
40	A. Charitha	ECE	A. Charitha
41	M. Sisi	CSM	M. Sisi
42	T. Anu	CSM	T. Anu
43	N. Neelima	IT	N. Neelima
44	L. Pravalika	CSM	L. Pravalika
45	T. Sonika	IT	T. Sonika
46	M. Rishika	IT	M. Rishika

Prasad V Potluri Siddhartha Institute of Technology, Kanuru, Vijayawada-7
 Freshman Engineering Department
 DETOX GROCERS
 23.09.2023

S.No	Name of the Student	BRANCH	23.09.2023
46	Ch. Chaitra	CSE	Ch. Chaitra
47	P. Sri Manasa	CSD	10000
48	P. Lahari	CSE	P. Lahari
49	P. Mounika	CSM	P. Mounika
50	D. Alekhya	CSM	D. Alekhya
51	Ch. Durga Meenokshi	CSM	Ch. Meenokshi
52	D. Sneha	CSM	D. Sneha
53	S. Suhani	CSM	Suhani
54	V. Snehita	IT	Snehita
55	Md. Nazimunnisa	ECE	Md. Nazimunnisa
56	P. Suseela	ECE	P. Suseela
57	A. Papa	ECE	A. Papa
58	G. Himaraja	ECE	G. Himaraja
59	B. Harika	ECE	Harika
60	K. Kavya Manjusha	ECE	K. Kavya Manjusha
61	G. Varshini Priya	ECE	G. Varshini
62	G. Reema Sri	ECE	G. Reema
63	L. Lakshmi Poojitha	CSE	Poojitha
64	P. Greetha Nageswara Mudhi	ECE	P. G. N. Kowmudhi
65	K. Pavani	ECE	K. Pavani
66	V. Shamitha	IT	V. Shamitha
67	S. Batassi	CSE	Batassi
68	S. Ushu Priya	CSE	S. Ushu
69	D. Bindhu	CSE	Bindhu
70	K. Sai Sou	CSD	Sai Sri
71	V. Hunanda	CSM	Hunanda
72	K. Urmika Sai	CSM	Urmika Sai
73	G. Neeraja	ECE	G. Neeraja
74	M. Umitha	ECE	Umitha
75	N. Tejaswini	ECE	Tejaswini
76	D. N. S. R. Teta Sree	ECE	D. Teta Sree
77	G. Lalitha Vasavi	ECE	G. Lalitha Vasavi
78	A. Jayabri	ECE	A. Jayabri
79	K. Raghav	ECE	K. Raghav
80	P. Lakshmi Manasa	CSM	P. L. Manasa
81	Ab. Zaheda Begum	CSE	Ab. Zaheda
82	Sunaisah	ECE	Sunaisah
83	V. Chandana Sravanthi	ECE	Chandana
84	K. Neha Sumaya	CSM	Neha
85	P. Sruthi	CSM	Sruthi
86	B. V. Kundana	CSM	Kundana
87	M. Purna Sahithi	ECE	M. Purna Sahithi
88	K. Veda Sri	ECE	K. Veda Sri
89	K. Surekha	CSD	K. Surekha
90	B. Prathiyusha	ECE	B. Prathiyusha
91	J. Amulya	IT	J. Amulya

Prasad V Potluri Siddhartha Institute of Technology, Kanuru, Vijayawada-7
 Freshman Engineering Department
 DETOX GROCERS
 23.09.2023

S.No	Name of the Student	BRANCH	23.09.2023
92	Ch. Niharith Srikan	IT	C.A. Srikan
93	G. Bharath	IT	G. Bharath
94	S. Niharith	IT	S. Niharith
95	K. Abhinav	IT	K. Abhinav
96	Ch. Bhavivash	CSE	Ch. Bhavivash
97	D. Venkata Sai	CSE	D. Venkata Sai
98	M. Joma Sekhar	CSE	M. Joma Sekhar
99	B. Tulasi Ram	CSD	B. Tulasi Ram
100	Ch. Vamsi	CSM	Ch. Vamsi
101	K. Likhith Ram Prasad	mech	K. Likhith Ram Prasad
102	Ab. Razak	CSE	Ab. Razak
103	Ch. Ram Charan	ECE	Ch. Ram Charan
104	CH. MOHAN	ECE	CH. MOHAN
105	S.V.L. Karthik	ECE	S.V.L. Karthik
106	B. Srinivas	ECE	B. Srinivas
107	P. Pavan Deep	CSE	P. Pavan Deep
108	Chandru. V.N.Raju	CSE	Chandru. V.N.Raju
109	T. Hema Sagar	CSE	T. Hema Sagar
110	K. Sankar Narayana	CSE	K. Sankar Narayana
111	M. Jaya Sai Krishna	CSE	M. Jaya Sai Krishna
112	V. Rohith	CSE	V. Rohith
113	K. Veegendra babu	CSE	K. Veegendra babu
114	P. S. Omesh	CSD	P. S. Omesh
115	A. Pushyendra	ECE	A. Pushyendra
116	D. MURALI chandra siddhartha	Mech	D. MURALI chandra siddhartha
117	V. V. Chakri	E.E.E	V. V. Chakri
118	Y. Thanush Kumar.	E.C.E	Y. Thanush Kumar.
119	M. Pravin Hridhan	E.C.E	M. Pravin Hridhan
120	J. Nagavenkata sai	C.E	J. Nagavenkata sai
1201	G. Naren Kumar	C.I.V.I.L	G. Naren Kumar
1202	K. Santhi Suresh	C.I.V.I.L	K. Santhi Suresh
1203	Jotana Kujjo	CSE	Jotana Kujjo
1204	G.K.R.V. Koushik	CSE	G.K.R.V. Koushik
1205	N. Shilendra	CSE	N. Shilendra
126	K. Varun	ECE	K. Varun
126	Ch. Balaji	ECE	Ch. Balaji
127	B. Praveen Kumar	ECE	B. Praveen Kumar
128	V. Satish	ECE	V. Satish
130	V. Ramana Prasad	E.C.E	V. Ramana Prasad
131	S. Venkata Bhikshalu	ECE	S. Venkata Bhikshalu
132	B. Gowtham Sai	ECE	B. Gowtham Sai
133	N.S.K. Kaushik	CSE	N.S.K. Kaushik
134	Gowtham Venkata Siva Sai P	CSE	Gowtham Venkata Siva Sai P
135	D. Chinna Lal aravali	CSE	D. Chinna Lal aravali
136	G. Sai Praneeth	ECE	G. Sai Praneeth
137	B. Thamma Raju	ECE	B. Thamma Raju

DETOX GROCERS

23.09.2023

S.No	Name of the Student	BRANCH	23.09.2023
138	G. Karthik Sai	ECE	G. Karthik Sai
139	Bhanu Sai	ECE	Bhanu Sai
140	G. Manikanta Sri Sri Kiran	IT	G. Sri Kiran
141	V. Bharav N.P	mech	V. Bharav N.P
142	Soom Raj	CSE	Soom Raj
143	V Saikumar	CSE	V Saikumar
144	M. Revanth Reddy	CSE	M. Revanth Reddy
145	SK Abdul Ali F	ECE	SK Abdul
146	ABDUL VAZEER	ECE	abdul Vazeer
147	SK. Samad .	ECE	Samad
148	Yashwanth	ECE	Yashwanth.
149	A Nagarai	civil	A. Nagarai
150	B. Kalyan	civil	B. Kalyan
151	M. Nikhil raj	civil	M. Nikhil raj
152	K. Preethi Angel	IT	k. Preethi Angel
153	P. Dhouthi	IT	P. Dhouthi
154	M. Jeshnavi	IT	M. Jeshnavi
155	Ch. kundana	IT	Ch. kundana
156	M. Akanksha	IT	M. Akanksha
157	sk. Haseena	EEE	sk. Haseena
158	A. Susmitha	EEE	A. Susmitha
159	K. Deepika	EEE	K. Deepika
160	G. Fos Jyothsna	EEE	G. Jyothsna
161	A. Divya	IT	A. Divya
162	B. Volini priya	IT	B. Volinipriya
163	K. Varshitha Sri	IT	K. Varshitha Sri
164	M. Varshitha	IT	M. Varshitha
165	K. Teevani	IT	K. Teevani
166	F. Kusuma sai	IT	F. Kus Sai
167	pallavi	IT	pallavi
168	S. Keerthana	EEE	S. Keerthana
169	Y. Akshaya	EEE	Y. Akshaya
170	V. Geetha Jyothi	EEE	V. Geetha Jyothi
171	Y. Suma Harshitha	EEE	Y. Suma Harshitha
172	S. Amulya	EEE	S. Amulya
173	M. Gayathri	EEE	M. Gayathri
174	ch. Janya Sai	EEE	Ch. Janya Sai
175	D. Sai Tejaswini	IT	Tejaswini.
176	ch. Susmitha	IT	Susmitha
177	K. Mallika	EEE	K. Mallika
178	D. SobhaRani	EEE	D. SobhaRani
179	P. Sai Punitha	EEE	P. Punitha
180	S. Hema Jyothi	EEE	Hema
181	B. Dhanya Deepika	EEE	B. Dhanya
182	R. Anvitha	CSE	Anvitha
183	y. chasitha	CSE	chasitha

S.No	Name of the Student	BRANCH	23.09.2023
184	V. Sai Prasad	CSE	V. Sai Prasad
185	K. Harsha Verdhani	CSE	K. Harsha Verdhani
186	K. Dharmadasy	CSE	K. Dharmadasy
187	V. Sai Sri Kiran	IT	V. Sai Sri Kiran
188	M. Durga	IT	M. Durga
189	P. Dinesh	IT	P. Dinesh
190	M. Surya Kiran	IT	M. Surya Kiran
191	D. Sankarsha Satharani	ECE	D. Sankarsha Satharani
192	G. Ravi	ECE	G. Ravi
193	T. Naveesh	CSM	T. Naveesh
194	P. Sanjay	CSM	P. Sanjay
195	U. Yedu Kondalu	Mech	U. Yedu Kondalu
196	B. Sri Sathish	Mech	B. Sri Sathish
197	M. Jagadeesh	CSD	M. Jagadeesh
198	L. Vishnu	CSD	L. Vishnu
199	K. Kati Prasad	CSE	K. Kati Prasad
200	G. Vijay	CSE	G. Vijay
201	P. Venkatesh	CSM	P. Venkatesh
202	K. Karthik	CSM	K. Karthik
203	Pranav. K	CSM	Pranav. K
204	D. Naga Mallewarao	IT	D. Naga Mallewarao
205	A. Likhith Krishna	ECE	A. Likhith Krishna
206	K. Manoj Yemti	C.S.E	K. Manoj Yemti
207	B. Chaitanya Venkat	C.S.E	B. Chaitanya Venkat
208	D. Heden	C.S.E	D. Heden
209	K. Nikhith	C.S.D	K. Nikhith
210	K. K. Vinod Paul	MECH	K. K. Vinod Paul
211	N. Hari Teja	MECH	N. Hari Teja
212	Ch. Kanthi Raja	MECH	Ch. Kanthi Raja
213	M. Ravi	MECH	M. Ravi
214	P. Manoj Kumar	MECH	P. Manoj Kumar
215	J. Pradeep Kumar	MECH	J. Pradeep Kumar
216	N. Giridhar	MECH	N. Giridhar
217	Ch. Jagadeesh Hari Prasad	EEE	Ch. Jagadeesh Hari Prasad
218	P. ARUN KUMAR	CSD	P. Arun Kumar
219	K. VENKAT	CSD	K. Venkat
220	S. Mohanayagna	EEE	S. Mohanayagna
221	K. Sahith	CSD	K. Sahith
222	P. Bharu	CSD	P. Bharu
223	P. Anam Bablu	Mech	P. Anam Bablu
224	J. Manoj	Mech	J. Manoj
225	B. Niranjana	Mech	B. Niranjana
226	D. Prudhvi Krishna	EEE	D. Prudhvi Krishna
227	A. Vishal Bharadwaj	EEE	A. Vishal Bharadwaj
228	G. Deepak	IT	G. Deepak
229	P. Lakshmi Anish	IT	P. Lakshmi Anish

S.No	Name of the Student	BRANCH	23.09.2023
230	S. Tharun chowdary	IT	S. Tharun
231	P. Charan Iya	mech	P. Charan
232	M. Dhanu Reddy	IT	M. Dhanu Reddy
233	M. S. Shaista Shoukeen	IT	Shaista Shoukeen
234	N. Manasa	IT	N. Manasa
235	Ch. Tanisha	IT	Ch. Tanisha
236	B. Hema Priya	CSE	B. Hema
237	Md. Ayesha Farheen	CSE	Ayesha
238	D. Bhavana	CSE	D. Bhavana
239	Ch. Gnana deepika	CSE	Ch. Gnana deepika
240	M. Krishna Sahithi	CSE	M. Sahithi
241	J. Bhavya	CSE	J. Bhavya
242	Gr. Bhulakshmi	CSE	Gr. Bhulakshmi
243	Gr. Vennela	CSE	Gr. Vennela
244	S. Jaya lakshmi	CSE	S. Jaya Lakshmi
245	K. Tahnavi	CSE	K. Tahnavi
246	S. Saranya	CSE	S. Saranya
247	K. Daiva prasanna aksa	CSE	K. Daiva prasanna aksa
248	Sneha Jetti	CSE	Sneha Jetti
249	K. Pravalika	CSE	K. Pravalika
250	P. Komali	IT	P. Komali
251	P. Pradvitha	IT	P. Pradvitha
252	P. Nandini	IT	P. Nandini
253	V. Bhavya Sri	ECE	V. Bhavya Sri
254	K. Bhuvana	MEC	K. Bhuvana
255	L. Himaja	MEC	L. Himaja
256	Ch. Tapasvi	CSD	Ch. Tapasvi
257	SK. Roshanara	CSD	SK. Roshanara
258	M. Navya	CSE	M. Navya
259	G. Phani Varalaya	CSD	G. Phani Varalaya
260	K. Chinmayee	CSD	K. Chinmayee
261	T. Dhavalakshmi	IT	T. Dhavalakshmi
262	A. Meghana	IT	A. Meghana
263	K.M.S.L. Sindhura	CSE	K. Sindhura
264	M. Jaya Lakshmi	CSE	M. Jaya Lakshmi
265	M. Vara lakshmi	CSE	M. Varalakshmi
266	K. Sravani	CSE	K. Sravani
267	G. Srujana	CSE	G. Srujana
268	N. Srivarshini	CSE	N. Srivarshini
269	N. Yavanika	CSE	N. Yavanika
270	Shalini Vengala	CSM	Shalini V
271	Keerthana Rachel V	IT	Keerthana Rachel
272	K. Rishita	CSD	K. Rishita
273	V. Priya Mythili	CSM	V. Priya Mythili
274	D. Lakshmi prasanna	CSD	D. Lakshmi prasanna
275	Zainab	CSD	Zainab V.